



Towbar Fitting Instructions
To Suit HONDA CR-V
Part Number QTHN390
Rating 1200Kg

1. Ensure all hardware items have been included.
2. Fold rear seats forward.
3. Fold rear carpet forward.
4. Remove three storage compartment lids, 1 large, 2 small.
5. Remove large storage base (4 ring pulls).
6. Remove 2 luggage compartment tie down point (1 each side).
7. Remove 3 plastic buttons each side holding 2 small storage bases and fold forward.
8. Remove bumper bar.
- 8a. Remove 3 self tapers at each wheel arch.
- 8b. Remove 2 plastic trim buttons from under vehicle holding bumper to rear panel.
- 8c. Remove 2 6mm bolts at each corner behind tail gate.
- 8d. Remove 5 plastic trim buttons in top middle of bumper behind tail gate.
- 8e. Unplug wiring to lights in bumper and remove.
9. Remove rear muffler (2 rubber hangers, 2 nuts and bolts).
10. Hold towbar up to vehicle to align with holes in bottom of sub frame.
11. Fit bolts, washers and spacer tubes to tapped holes (second from rear of vehicle) semi tight as per drawing.
12. Using 2 rearward most holes of towbar (1 each side) as guides drill 16.5 holes through bottom of sub frame.
13. Fit supplied loose plates 50x3x50 in between towbar and sub frame to align with 16.5 holes drilled, fit bolts, washers and spacer tubes semi tight as per drawing.
14. Using 2 forward most holes (2 each side) as guides mark inside floor of vehicle using long centre punch.
15. Using curved loose plates as guides hold hole central to pop marks and curved floor to mark and remove body deadener.
16. Using rearward pop marks (1 each side) as guides, drill out to 11mm, fit bolts curved loose plates from inside of vehicle, with spacer tubes, washers and nuts from under vehicle semi tight.
17. Using forward most pop marks (1 each side) as guides, drill out to 16.5, fit bolts curved loose plates and spacer tubes. From inside of vehicle and washers, nuts from under vehicle.
18. Fit U bolt through shipping hook and tail of towbar.
19. Tighten all bolts to torque listing below.
20. Refit all components in reverse of steps 2-9.

RECOMMENDED ASSEMBLY TORQUE LISTING

<u>Diameter</u>	<u>Grade 8.8 Bolt</u>
	Nm
M6	9.5
M8	21.7
M10	43.4
M12	77.3
M14	121.0
M16	189.8

TRAILBOSS

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